

CHINMAYA VIDYALAYA
NTPC UNCHAHAR
SYLLABUS BREAKUP [2024-25]
CLASS-PREP

Text Book:

ENGLISH: English Primer

HINDI: Shabd tarang

MATHS: Mathematics Pre-primer

EVS: Picture Dictionary



MONTH- APRIL

THEME-Myself

ENGLISH-

+ Listening & speaking

+ Alphabet

HINDI-

+ Listening & speaking

+ Varnamal

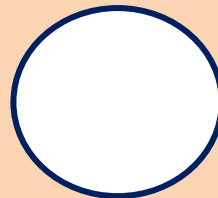
MATHS-

+ Oral counting 1-30

+ Writing 1-9

+ Shape- Circle

Concept- Inside/ Outside



EVS-

+ My Family

+ Body parts

PHYSICAL DEVELOPMENT-

Fine Motor Skill –

- colouring by scribbling (ACTIVITY)
- using crayons (ACTIVITY)
- playing with blocks (ACTIVITY)

Gross Motor Skill

- Free Play on swings
- Walking on a straight line

LANGUAGE DEVELOPMENT-

Rhymes-

- My family
- Me

Story:

- Topiwala aur Bandar

Action Songs:

- Brush, Brush -Boogie Woogie

Value:

- Being polite

Life Skill:

- Spreading of mat before eating

Health and Wellness: Learning to wash hands properly

Use of Magic words ‘Sorry’ and ‘Thank you’ through the story “The Lion and The Mouse”



MONTH- May

THEME- Animals

ENGLISH-

- + Listening & speaking
- + Reading of 'a' lettered words
- + Recapitulation of sequence writing A to Z

HINDI-

- + Varnmala
- + Two letter words

MATHS-

- + Concept of zero
- + Concept of 10
- + Shape- Square



Concept- Far & Near

EVS-

Discussion on animals:

- + sounds of animals
- + homes of animals



PHYSICAL DEVELOPMENT-

Fine Motor Skills-

- Origami dog and cat (ACTIVITY)
- Shapes around us (ACTIVITY)

Gross Motor Skills-

- Free Play on swings
- **Flat Race** - Aim and throw the ball
- **Organized game:** Passing the parcel

LANGUAGE DEVELOPMENT

Stories:

- Sher aur chuha
- The rabbit & tortoise

Rhymes:

- Rat- tat-tat
- Two little dicky birds
- Haathi

Action song:

- ✚ Old Macdonald

Value:

- ✚ Caring for animals



MONTH- July

THEME- Helping Hands

ENGLISH-

- ✚ Vowels & Consonants
- ✚ Vowels 'a', 'e' & 'i'
- ✚ Our Helpers

- ✚ Writing small cursive 'a to z'

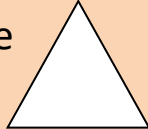
HINDI-

- ✚ Two letter words
 - See the pictures & write the name.
 - Join the letters

- Fill up
- Match the pictures with their names.

MATHS-

- + Numbers 11 to 20
- + Before, after & between
- + Shape- Triangle
- + Table of 2



Concept- Up & Down

EVS- In hospital

- + the services provided by them
- + tools and instruments used by them
- + their working places

PHYSICAL DEVELOPMENT-

Fine Motor Skills-

- Finger printing (ACTIVITY)
- Clay-dough (ACTIVITY)

Gross Motor Skills-

- Throw & catch

LANGUAGE DEVELOPMENT

Story:

- Ekta mein bal

Rhymes:

- Piggy on the railway line
- Traffic man

Action song:

- Ten little firemen



Value:

- Helping each other

Life Skill:

- Arranging the class furniture properly.

Health and Wellness:

- Maintaining oral hygiene

MONTH- August

THEME- Our country

ENGLISH-

- + Vowel 'o' & 'u'
- + Use of 'this' & 'that'
- + Use of 'these' & 'those'
- + Use of one & many

HINDI-

- + Two letter words (complete the sentences with the help of pictures)
- + Frame the sentences
- + Three letter words

MATHS-

- + Shape- Rectangle
- + Count & write
- + Numbers 21 to 50
- + Backward counting 10 to 1



Concept- Big & Small

EVS-

- + Our country India
- + Festivals



+ National symbols

+ Flag

PHYSICAL DEVELOPMENT-

Fine Motor Skills-

- National Flag(Colouring)
- National Fruit(Colouring)

Gross Motor Skills-

- Musical chair
- Walk in circle

LANGUAGE DEVELOPMENT

Rhymes:

- Five little soldiers
- Apna desh

Action song:

- When you are happy

Value: Patriotism

Life Skill:

- Respect and love for nation

MONTH- September

THEME- Good Habits

ENGLISH-

+ Action words

+ Different colours around us

+ Good Manners



HINDI-

- Three letter words
- Join the words
- See the pictures & write the name.
- Match the pictures with their names
- Fill up

MATHS-

- + Days name
- + Table of 3 and 4
- + Shapes- oval

Concept- Fat & thin

EVS-

- + Good habits
- + Types of Houses
- + Flowers name

PHYSICAL DEVELOPMENT-

Fine Motor Skills-

- Tearing and pasting
- Paper Ball

Gross Motor skills-

- Throwing at target
- Statue

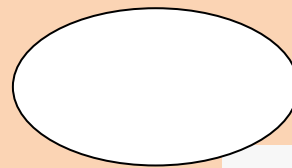
LANGUAGE DEVELOPMENT

Rhymes:

- This is the Way...
- Achche bachche

Action song:

- When you are happy



Value: Healthy life style

Life Skill: Importance of health

MONTH- October

THEME- Food

ENGLISH-

- + Days & Months name
- + Use of yes, no
- + Use of what, who

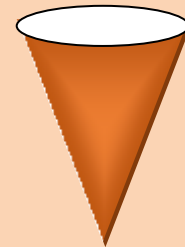


HINDI-

- + Three letter words
 - Complete the sentences with the help of pictures
 - Fill up
 - Join the letters

MATHS-

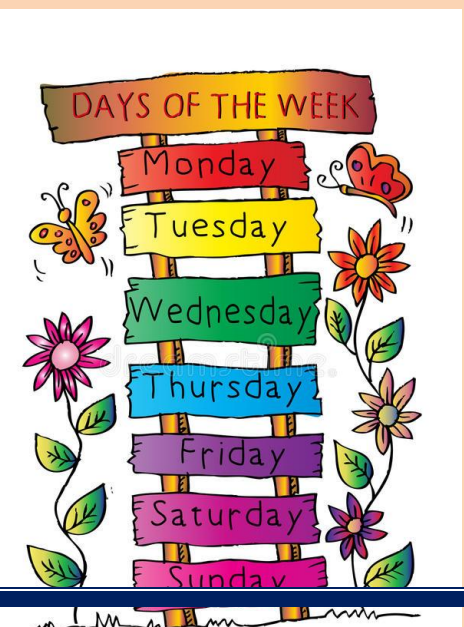
- + Comparison of numbers
- + Shapes- Cone
- + Backward counting 100 to 1
- + Months name
- + Addition



Concept- Long & Short

EVS-

- + Office
- + Vegetables name
- + Days name
- + Eatable Things
- + In the Park



PHYSICAL DEVELOPMENT-

Fine Motor Skills-

- Bindi Pasting (Apple)
- Earbud painting (Papaya)

LANGUAGE DEVELOPMENT

Story:

- Topiwala Aur Bandar (Hindi)

Rhymes:

- Roti (Hindi)
- I am a little teapot

Action song:

- Aaloo kachalu

Value:

- Eating healthy and nutritious food.

Life Skill:

- Importance of healthy food.

Health and Wellness:

- Maintaining health.

MONTH- November

THEME- Transport

ENGLISH-

- ✚ Opposite words
- ✚ Use of he & she
- ✚ Use of in & on.



HINDI-

✚ Four letter words

- See the pictures & write the name.
- Join the letters
- Circle the right word
- Fill up
- Match the pictures with their names

MATHS-

✚ Arrange the numbers in ascending order

✚ Arrange the numbers in descending order

✚ Subtraction of 1 digit

EVS-

✚ Opposite words

✚ Nature

✚ Means of Transport

✚ Games



PHYSICAL DEVELOPMENT-

Fine Motor Skills-

- Trace & colour (Aeroplane)

LANGUAGE DEVELOPMENT

Rhymes:

- Yellow Meri car(Hindi)
- London bridge

Action song:

- Wheels on the bus

Value:

- Uses of transport

Life Skill:

- Importance of healthy food.

Health and Wellness:

- Maintaining health.

MONTH- December

THEME- Winter Season

ENGLISH-

- + Use of near, behind & In front of
- + Use of 'his and 'her'

HINDI-

- + Fruits name
- + Vegetable name
- + Matra parichay



MATHS-

- + Table of 4 & 5
- + Time
- + Indian currency

EVS-

- + Musical Instruments
- + Airport
- + **Railway Station**
- + Money



PHYSICAL DEVELOPMENT-

Fine Motor Skills-

- Origami Penguin
- Christmas Tree craft

Gross Motor-

- Hops on 1 foot
- Catch the small ball

LANGUAGE DEVELOPMENT

Story:

- Goldilocks & the three bears

Rhymes:

- Fun in the snow

Action song: let's all do a little clapping

Value:

- About winter season

Health and Wellness:

- Maintaining health and fitness.



CHINMAYA VIDYALAYA NTPC UNCHAHAR

MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25)

CLASS – Prep

SUBJECT - MUSIC

S.NO	MONTH	TOPIC/CHAPTER	SUB TOPIC	ACTIVITY
1	APRIL	Gayatri Mantra	Om BhurBhuwa	Chanting
2	MAY	Indian Classical Music	Alankar, Swar Note	Singing
3	JUNE	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
4	JULY	Rhymes	Nani Teri Morni ko	Singing/Action
5	AUGUST	Birthday Song	Janamdinmidam	Singing
6	SEPTEMBER	HALF YEARLY EXAMINATION	HALF YEARLY EXAMINATION	HALF YEARLY EXAMINATION
7	OCTOBER	Bhajan	Come here my dear Krishna kanhaiya	Singing
8	NOVEMBER	Classical Music	Alankar, Swar Notation	Casio
9	DECEMBER	Rhymes	Welcome Song/Rolly Polly	Singing
10	JANUAURY	Peperation of Republic Day	Patriotic Song,	Singing
11	FEBRUARY	REVISION	REVISION	REVISION
12	MARCH	EXAMINATION	EXAMINATION	EXAMINATION

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MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25)

CLASS – Prep

SUBJECT - DANCE

APRIL	DANCE EXERCISES FOOT+ HAND AND BODY MOVEMENTS) (Physical Development)
MAY	BODY MOVEMENTS WITH RHYTHM. (Mental Development)
JULY	GAYATRI MANTRA WITH MUDRAS. (Spiritual Development)
AUGUST	PATRIOTIC ACTION SONG PATRIOTIC DANCE (Patriotism)
SEPTEMBER	GURU VANDANA WITH ACTION. (Spiritual Development)
OCTOBER	ANIMAL DANCE IN WESTERN STYLE. (Universal Outlook)
NOVEMBER	BUTTER FLY DANCE WITH RHYTHM. (Mental Development)
DECEMBER	CHRISTMAS CAROLS AND ACTION SONG. (spiritual Development)
JANUARY	FOLK DANCE AND FREESTYLE (Indian culture)
FEBRUARY	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHOUT THE YEAR.

**CLASS -PREP
SYLLABUS BREAK- UP (2024-25)
PHYSICAL EDUCATION**

S.NO.	MONTH	TOPIC/CHAPTER	SUB TOPIC	ACTIVITY
1	APRIL	YOGA	FLAMINGO BALANCE TEST	 <i>HAND AND FOOT COORDINATION</i>
2	MAY	GROSS MOTOR SKILL FUNDAMENTAL MOTOR SKILL	HAND-EYE AND FOOT-EYE COORDINATION	BALL – WORKOUT
3	JUNE	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
4	JULY	CARDIO EXERCISE WITH BALL	<i>HAND AND FOOT COORDINATION</i>	<i>BALL EXERCISE</i>
5	AUGUST	<i>TRACK AND FIELD</i>	<i>JUMPING, HOPING</i>	<i>EXERCISE WITH HURDLE</i>
6	SEPTEMBER	ANIMAL WALKING	IMPROVE ARM AND LEG STRENGTH	MOVE DIFFERENT ANIMALS
7	OCTOBER	AGILITY,BALANCE, <i>COORDINATION</i>	WALKING ON TOES AND HEELS	LEARN TO CHANGE DIRECTION
8	NOVEMBER	<i>CHILDREN DAY CELEBRATION</i>	DIFFERENT GAMES	<i>RUNNING SPOON RACE</i>
9	DECEMBER	<i>ANNUAL SPORTS MEET</i>	<i>ANNUAL SPORTS MEET</i>	<i>ANNUAL SPORTS MEET</i>
10	JANUAURY	ROLLING A BALL	DIFFERENT SPEEDS	HOW TO CONTROL A BALL
11	FEBRUARY	P T WITH COUNTING	TOP TO BOTTOM	MORNING -ASSEMBLY
12	MARCH	ANNUAL EXM.	ANNUAL EXM.	ANNUAL EXM.